

New Client Overview

Congratulations on taking a very important step towards healing and wholeness. Please read the first visit page on our website. This will prepare you for what to expect and provide answers to many frequently asked questions.

Here are a few additional things you should know

- ***Limits of confidentiality:*** What we talk about is confidential except if, in my professional judgement, you are at risk of harming yourself or some else.
- ***There are limits to what I can and will help with in this office:*** This setting is more like an office visit to a doctor's office than going to the emergency room. I am not available 24/7 and am not primarily a crisis counselor. If a crisis arises we will work to contain it and refer you to the appropriate setting and treatment. It is outside the scope of my professional practice to be involved in legal proceedings in any capacity. If that becomes necessary I can refer you to someone who specializes in that.
- ***I am a mandated reporter:*** If I hear of abuse/neglect or criminal behavior against a minor – I am required to call the state. I will make a reasonable attempt to notify you before I take any action.
- ***Compass Counseling:*** Each therapist at Compass essentially runs their own independent practice. We share facilities and clinical support/consultation in order to offer our clients the best possible therapeutic experience.
- ***Payment:*** The cost for each 50 minute session is \$140. You may pay by check or cash. I do not accept credit cards. When paying by check please make checks payable to Brenda Olsen.
- ***Cancellation policy:*** You may cancel or change an appointment for any reason as long as you give me 24 hours notice. Without the 24 hour notice payment is expected for the missed session. Exceptions for urgent medical issues may be made at my discretion.
- ***Complete and bring to first session:*** Intake form, New Client Overview, HIPAA

Client: _____ Date _____

Therapist: _____ Date _____